The Role of Stress Distribution in Seismic Cycle Complexity of a Long Laboratory Fault

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Key Points:

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- Loading conditions strongly influence stress distribution and rupture nucleation location
 Heterogeneous fault stress promotes the transition from system-size to complex
- Heterogeneous fault stress promotes the transition from system-size to complex seismic cycles
- Heterogeneous stress influences rupture dynamics, leading to abrupt decelerations
 and delayed secondary rupture

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14 Abstract

A fundamental understanding of the factors controlling the complexity of seismic cycles 15 is crucial to advance the study of earthquake hazard and predictability. Among these 16 factors, stress distribution and fault system size play a significant role in shaping the com-17 plex patterns of seismic behavior. This study examines how heterogeneous loading con-18 ditions influence the seismic cycles of a long experimental fault. Seismic cycles are re-19 produced on analog material (poly methyl methacrylate) in a biaxial apparatus while 20 continuously monitoring the strain field near the fault. By examining the effects of stress 21 variability on fault behavior, we identify a whole spectrum of rupture outcomes, rang-22 ing from periodic, system-wide failures to complex seismic sequences comprising several 23 partial ruptures before a complete event. Additionally, the resulting heterogeneous ini-24 tial stress conditions before each event significantly influence their rupture dynamics, lead-25 ing to abrupt rupture slowdown and subsequent delayed re-nucleation. The results pro-26 vide a framework for understanding the evolution of stress heterogeneity along natural 27 faults and its implications for earthquake predictability and rupture dynamics. 28

²⁹ Plain Language Summary

Earthquakes present a serious threat to our society, causing loss of life and economic 30 damage. Understanding what controls their occurrence (i.e., the seismic cycle) is essen-31 tial for effective hazard assessment. However, natural faults are difficult to study directly, 32 33 and their geometry and stress conditions are often unknown. To address this, we develop an experimental study that simulates seismic activity on a long artificial fault, simpli-34 fying the system for a better understanding. Using a high-frequency acquisition system, 35 we were able to monitor the stress evolution along the fault and emphasize the impor-36 tance of its distribution. In particular, heterogeneous stress along the fault was found 37 (i) to cause complex seismic sequences, with multiple partial events occurring between 38 major ruptures, and (ii) to strongly affect the dynamics of individual ruptures. 30

40 1 Introduction

Understanding the relationship between along-fault stress distribution and fault 41 behavior is a fundamental challenge in earthquake science, with significant implications 42 for seismic hazard assessment. Natural fault systems are controlled by many interact-43 ing factors that govern rupture nucleation, propagation, and arrest. Among these fac-44 tors, initial along-fault stress distribution is a key driver of rupture dynamics, influenc-45 ing seismic events' size, recurrence interval, and spatial characteristics. Das & Aki (1977) 46 demonstrated that a stress barrier can affect the rupture dynamics and the general com-47 plexity of slip profiles. Caniven et al. (2017) showed through an analog model how spa-48 tial variations of fault normal stress 'control the ability of the fault to generate irregu-49 lar or regular seismic cycles and produce clustering sequences'. Such complex seismic cy-50 cles are also known as supercycles (Salditch et al., 2020). 51

Together with stress heterogeneity, another key aspect that contributes to the seis-52 mic cycle complexity is the system size. In particular, the ratio between the fault length L and the cohesive zone size L_c is pivotal. For large $\frac{L}{L_c}$, Lapusta & Rice (2003) high-53 54 lighted the emergence of partial ruptures between complete events that break the whole 55 fault, sharing similar nucleation characteristics. Cattania (2019) demonstrated that a 56 larger ratio $\frac{L}{L_c}$ leads to complex earthquake sequences even along planar faults with homogeneous frictional properties when driven by the heterogeneous loading imposed by 57 58 fault creep outside the seismogenic zone. The occurrence of partial events implies the 59 arrest of a propagating rupture. This condition is favored in long fault systems (Ke et 60 al., 2020) and is expected to be enhanced by heterogeneous stress distributions (Tinti 61 et al., 2005; Radiguet et al., 2013, 2015; Bayart et al., 2018; S. B. Cebry et al., 2023). 62

However, studying the role of stress heterogeneity in seismic behavior is complex-63 ified because earthquakes typically occur at great depths. Except for rare cases (Bakun 64 et al., 2005), instrumenting faults and gaining insights into their loading and geomet-65 rical conditions remains challenging. One promising solution is replicating earthquakes 66 on artificial faults in controlled laboratory settings equipped with advanced acquisition 67 systems. While simplifying natural fault systems, especially their rheology and geom-68 etry, this approach allows investigation of many key aspects of seismic activity, leading 69 to valuable insights into earthquake physics and mechanics (Brace & Byerlee, 1966; Rosakis 70 et al., 1999; Xia et al., 2004; Lu et al., 2007; G. C. Mclaskey & Kilgore, 2013; Svetlizky 71 & Fineberg, 2014; Passelègue et al., 2014; Bayart et al., 2018; G. Mclaskey, 2019; Sel-72 vadurai, 2019; Rubino & Rosakis, 2020; Chen et al., 2021; Gvirtzman & Fineberg, 2021; 73 Tal et al., 2022; Rubino et al., 2022; Mastella, 2022; S. B. Cebry et al., 2023; Corbi, 2024; 74 Fryer et al., 2024). 75

Large-scale friction experiments on rocks have so far unveiled important features 76 of laboratory earthquakes (Dieterich, 1978, 1981; Okubo & Dieterich, 1981, 1984; Ya-77 mashita et al., 2018, 2021; Ke et al., 2018, 2020). However, despite their significant size, 78 their ratio L/L_c remains small compared to what is expected in nature. Using analog 79 materials, which have smaller elastic moduli and critical slip distances than rocks, al-80 lows for an increase in the $\frac{L}{L_c}$ ratio by an order of magnitude compared to rock fault in-81 terfaces (Rosakis et al., 1999; Latour et al., 2013; Svetlizky & Fineberg, 2014; Svetlizky 82 et al., 2017; Bayart et al., 2016, 2018; Guérin-Marthe et al., 2019; Gounon et al., 2022; 83 S. B. L. Cebry et al., 2022; Rubino et al., 2022). In this study, we present new exper-84 imental results highlighting the influence of heterogeneous stress distributions on the seis-85 mic behavior of a laboratory fault with an unprecedented $\frac{L}{L_c} \sim 100$. Our results demon-86 strate that a heterogeneous loading can (i) affect the nucleation location of instabilities, 87 (ii) increase the number of partial events occurring between complete ruptures, and (iii) 88 induce complex dynamic rupture propagation processes. 89

⁹⁰ 2 Experimental setup and methods

A large biaxial apparatus was built in the Laboratory of Experimental Rock Me-91 chanics at the Swiss Federal Institute of Technology of Lausanne (EPFL), allowing for 92 a ratio of $\frac{L}{L_c} \sim 100$. In a direct single-shear configuration, two samples are pressed to-93 gether and successively sheared to produce frictional ruptures. This setup hosts analog 94 material samples $(2.5 \times 0.5 \times 0.03 \text{ m})$ that can slip along a 2.5 x 0.03 m artificial inter-95 face (Figure 1a, Figure S1). The samples are made of polymethylmethacrylate (PMMA), 96 characterized by S-wave velocity $C_{\rm s} = 1350$ m/s and P-wave velocity $C_{\rm d} = 2700$ m/s. 97 The normal load is applied via twenty hydraulic pistons across four distribution plates. 98 Shear load is applied by five pistons, uniformly loading the bottom sample's lateral side 99 at an elastic loading rate of 0.44 MPa/s (Figure 1a). 100

Strain evolution along the fault was monitored using strain gauges at 40 kHz record-101 ing frequency. Rosettes were placed ~ 3 mm from the fault at nine locations, with eight 102 usable simultaneously (Figure 1a). Stress tensors were derived assuming plane stress con-103 ditions (see supplementary material for details). Five stopper configurations were used 104 (Figure 1a) to modify external loading and influence stress distribution along the fault 105 (Iwashita et al., 2023). The first used a 50 cm stopper spanning the full sample height, 106 referred to as the "large stopper" (green). The second and third used a 20 cm stopper 107 placed at 28 cm ("top-medium stopper", yellow) and 9 cm ("bottom-medium stopper" 108 blue) from the fault. The fourth and fifth used an 8.5 cm stopper at 38 cm ("top-small 109 stopper", purple) and 9 cm ("bottom-small stopper", orange) from the fault. 110



Figure 1. (a) Sketch of the large biaxial apparatus. Different stoppers are indicated by distinct colors. (b) Temporal evolution of shear stress (τ) throughout one representative experiment, at eight measuring locations (SG1-SG8). Strain measurement during (c) partial, (d) complete, and (e) complex events. Solid black, blue, and red curves indicate the vertical, shear, and horizontal strains, respectively. Black dashed lines indicate the rupture propagation front, purple dotted curves the S-wave velocity, and green dashed curves the strain transfer.

111 3 Results

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3.1 Laboratory earthquakes

Across all experiments conducted, the fault behavior exhibited rich and yet reproducible sequences of rupture events. The fault accommodated the shear stress increase through a preparatory phase involving several partial ruptures (Rubinstein et al., 2004; Kammer et al., 2015), followed by a sequence of recurrent seismic cycles, including ruptures that propagated along the entire fault length (Figure 1b).

Three principal types of events were identified: partial (Figure 1c), complete (Fig-118 ure 1d), and complex ruptures (Figure 1e). Partial ruptures predominantly nucleated 119 on the right side of the fault (near x = 2.3 m, where x is the position along the fault rel-120 ative to the left edge of the sample), accelerated into dynamic propagation (dashed black 121 lines). They reached a speed of ~ 700 m/s ($\simeq 0.52C_{\rm s}$), then decelerated and arrested 122 before reaching the sample's edge. The arrest caused localized strain accumulation in 123 the unruptured region (Figure 1c). Complete ruptures nucleated at the left edge of the 124 fault (x = 0 m) and dynamically propagated across the entire fault at an average rup-125 ture velocity of $\sim 1250 \text{ m/s}$ ($\sim C_{\rm r}$) (Figure 1d). However, the majority of complete rup-126 tures exhibited complex dynamics (Figure 1e). These events generally nucleated near 127 x=2.3 m and promptly accelerated to a speed of ~ 750 m/s. The rupture front was halted 128 at position x=1.1 m, resulting in a slow but continuous strain accumulation over 0.5 m. 129 It then re-nucleated and propagated through the remaining fault length at supershear 130 velocity ($\sim 1500 \text{ m/s}$). 131

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3.2 Influence of initial stress distribution on rupture nucleation

The nucleation location of complete ruptures was determined and analyzed for each experiment. We focused on complete ruptures, as partial ones consistently nucleated on the right side of the fault, in line with previous, extensively studied observations (Rubinstein et al., 2011; Kammer et al., 2015). The distributions of $\frac{\tau}{\sigma_{yy}}$ before each rupture event, interpolated between the measurement locations, are shown by the gray solid lines in Figure 2.

Our results confirm that the external boundary conditions control the rupture nu-139 cleation locations. When the large or the top-small stopper was employed, all ruptures 140 consistently nucleated on the right side (Figures 2a, e). Notably, with the top-small stop-141 per, the average nucleation location shifted slightly toward the central part of the fault 142 (Figure 2e). In contrast, other stopper configurations resulted in nucleation occurring 143 on both the left and right sides (Figures 2b-d). For the top-medium stopper, 62% of the 144 events nucleated on the right side, while 38% occurred on the left. The bottom-medium 145 stopper exhibited the most balanced distribution, with nearly 50% of events nucleating 146 on each side of the fault. Lastly, the bottom-small stopper predominantly induced nu-147 cleation on the right side, with only 22% of complete ruptures originating on the left. 148

A representative friction profile recorded before an event nucleating on the right 149 (left) side is shown as solid (dashed) colored lines. At first order, the nucleation occurs 150 where $\frac{\tau}{\sigma_{yy}}$ reaches its largest value. Right-side nucleation events coincided with the high-est $\frac{\tau}{\sigma_{yy}}$ values, measured as 0.41, 0.44, 0.52, and 0.38 for the large stopper, top-medium 151 152 stopper, bottom-medium stopper, and top-small stopper, respectively (solid colored lines, 153 Figures 2a-d). This trend was confirmed for events nucleating on the left side in exper-154 iments where strain gauge data were available on that portion of the fault. For instance, 155 with the top-small stopper configuration, left-side ruptures nucleated at a local $\frac{\tau}{\sigma_{yy}}$ value 156 of 0.59 (Figure 2d, dashed orange curve). 157



Figure 2. Distribution of event nucleation locations along the fault for different initial boundary conditions. Color legend refers to Figure 1. In gray the distribution of $\frac{\tau}{\sigma_{yy}}$ before each studied. In colored solid lines and dashed line the distribution before selected ruptures nucleating on the right and left side of the fault.

3.3 From system-size events to complex seismic sequences

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The observed seismic sequences exhibited a wide range of behaviors, from regular complete ruptures to complex seismicity patterns. For each event, the rupture length was determined based on the fault segment that exhibited a sudden shear stress drop, a hallmark of rupture propagation (Figure 3a). The resolution of these measurements depends on the spatial arrangement of the strain gauges along the fault.

External loading conditions exerted by the different stopper configurations controlled 164 the complexity of the seismic sequences. Experiments with large stopper revealed the 165 most diverse rupture size distribution, with an average of six partial ruptures occurring 166 between two complete ruptures (Figure 3a). In contrast, experiments with top-medium 167 stopper yielded an average of two partial ruptures between consecutive complete rup-168 tures. Experiments conducted with bottom-medium stopper were predominantly char-169 acterized by system-size events, consisting of single complete ruptures occurring at reg-170 ular intervals. Bottom-small stopper experiments exhibited a more complex distribution. 171 with an average of four partial ruptures occurring between two complete ruptures. Fi-172 nally, experiments involving top-small stopper were dominated by periodic complete rup-173 tures. 174

The patterns of inter-event times provide further insight into how the stress distribution influences the complexity of the seismic cycle. We define two distinct time intervals (Gualandi et al., 2023): $T_{\mathbf{pre}}$ is the time elapsed between a given event and the one preceding it, and $T_{\mathbf{next}}$ is the time between an event and the subsequent one. For events occurring periodically $T_{\mathbf{pre}} = T_{\mathbf{next}}$, while for events not occurring periodically $T_{\mathbf{pre}} \neq T_{\mathbf{next}}$. This analysis was performed for each external loading condition by considering (i) complete events only (Figure 3c) and (ii) all events, including both partial

and complete ruptures (Figure 3c). The inter-event times between complete events show 182 almost periodic behavior (with values ranging between 2 and 6 seconds, Figure 3d). The 183 only exception is an example of cycle skipping in experiment n19 (in blue in Figure 3), 184 where the second expected complete rupture was instead a slow slip event, without the 185 sharp and pronounced stress drop observed in fast rupture events (Figure S2). When con-186 sidering the totality of events (Figure 3b), the inter-event times ranged between 0.1 and 187 1.5 s for the complex sequences (n26, n18, and n22) and between 2.1 and 3.5 s for the 188 system-size sequences (n19, n23). Many of them, mostly partial ruptures, occurred pe-189 riodically (Figure 3d). This happened for 70%, 21%, 50%, 42%, and 100% of the total 190 number of events respectively for n26, n18, n19, n22, n23). 191

Interestingly, the inter-event times of the events that deviate from periodicity, tend 192 to cluster along different slopes, suggesting that the fault behavior tends towards a pe-193 riodic pattern. This is evident for experiment n18, where the second, third, and fourth 194 sequences follow a similar pattern: a longer interval after a complete rupture, followed 195 by two shorter intervals after partial ruptures. A similar trend is observed in experiment 196 n22. In these events, the inter-event time seems governed by the static friction drop ex-197 perienced by the preceding rupture at the nucleation site. Larger friction drops lead to 198 longer inter-event times (Figure S3). Notably, the large static friction drops associated 199 with complete ruptures are influenced by post-seismic activity, such as secondary rup-200 tures and wave reflections, which is absent or minimal in the case of partial ruptures. 201 These processes further weaken the fault, resulting in a larger static stress drop. At the 202 same time, such post-seismic activity delays the fault's re-locking and subsequent re-loading 203 The magnitude of this effect depends on the stress distribution, leading to a range of $\frac{T_{\text{next}}}{T_{\text{next}}}$ 204 values between 1 and 4. 205

206 4 Discussion

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4.1 On the emergence of complex seismic cycles

The initial stress distribution controlled the nucleation location of the rupture events, 208 which occurred at different positions along the fault. In particular, the nucleation loca-209 tions were correlated with the local stress ratio $\frac{\tau}{\sigma_{yy}}$, and occurred consistently at the places 210 where it was maximal. This observation is consistent with previous studies that high-211 light that rupture nucleation tends to occur where $\frac{\tau}{\sigma_{yy}}$ is maximal (Ben-David & Fineberg, 2011). However, we also observed that the values of $\frac{\tau}{\sigma_{yy}}$ at nucleation were not fixed but ranged between 0.35 and 0.6 (values sensitive to the spatial resolution of our measure-212 213 214 ments). So, while $\frac{\tau}{\sigma_{yy}}$ plays a key role in controlling the onset of rupture, it is not a suf-215 ficient nucleation criterion. In fact, nucleation models show that other quantities can con-216 tribute significantly; for example, potential and fracture energies control nucleation through 217 quasi-static crack growth in the large-scale yield regime (e.g. Rubin & Ampuero, 2005). 218

The heterogeneous stress distribution not only influenced rupture nucleation but 219 also shaped the overall seismic cycle, leading to the emergence of finite rupture events 220 between complete ruptures. The seismicity statistics surrounding a major event are gen-221 erally explained by the frictional properties of faults (Kaneko et al., 2010; Dublanchet 222 et al., 2013; Wang et al., 2024) or geometrical characteristics (Dal Zilio et al., 2019), but 223 even a single homogeneous fault can exhibit complex behavior if sufficiently long (Cat-224 tania, 2019). Our experiments integrate these conditions. The seismic cycles occurred 225 on a single fault (L=2.5 m) approximately 100 times larger than the expected nucleation 226 length ($L_c=2.5$ cm (Latour et al., 2013; Paglialunga et al., 2023)). According to Catta-227 nia (2019), such a high $\frac{L}{L_c}$ ratio is sufficient to induce the occurrence of sub-system-size events in the presence of a heterogeneous loading. 228 229

More precisely, the emergence of partial ruptures can be explained through an energetic perspective. In Linear Elastic Fracture Mechanics, rupture propagation occurs



Figure 3. (a) Occurrence time and rupture length for all the events in selected experiments (from top to bottom: n26, n18, n19, n22, n23). Due to sensor placement, complete ruptures spanning the full 2.5 m fault appear as 2 m long. Stars indicate the nucleation location of complete ruptures. The gray area indicates the preparatory phase before first complete event. The yellow area indicates the selected sequences shown in (b). (b) Shear stress evolution for a representative seismic sequence, measured by strain gauge SG7 (x=1.7 m). Inter-event times are computed (c) for complete ruptures only and (d) for all events, partial and complete. Color legend follows the one indicated in Figure 1.

when the energy release rate (G) at the rupture tip exceeds the fracture energy (G_c), which 232 resists rupture propagation (Freund, 1979). If the available energy is insufficient, the rup-233 ture will arrest. This can occur due to either a reduction in G or an increase in $G_{\rm c}$. In 234 our experimental seismic sequences, multiple ruptures sequentially arrested when the en-235 ergy release rate fell below the fracture energy $(G < G_c)$ (Figure S5). This arrest in-236 creased shear stress in the unruptured section of the fault, raising the energy available 237 for subsequent ruptures (Figures S5d-e). Eventually, this process led to full rupture prop-238 agation once G exceeded G_c along the entire fault. This analysis aligns with previous 239 rupture length predictions (Kammer et al., 2015; Bayart et al., 2016; Ke et al., 2018) (see 240 supplementary material). 241

The temporal evolution of stress during the sequence shows that, as the shear stress 242 approaches its critical distribution (represented by the bright green curve in Figure S5c), 243 the local stress increase generated by the arrest of the previous partial rupture becomes 244 progressively smaller. This process culminates in an almost imperceptible rise, ultimately 245 leading to a complete rupture. This phenomenon is illustrated by the near overlap of stress 246 distributions immediately before the complete and preceding partial ruptures (Figure 247 S4). Additionally, the stress distribution converges toward the critical state, and the par-248 tial events preceding a complete rupture exhibit similar propagation phases (Figure S4), 249 as previously observed in numerical studies (Lapusta & Rice, 2003). This behavior aligns 250 with natural observations of similar initiation of small and large earthquakes (Bouchon 251 et al., 2011; Meier et al., 2017). As the fault state approaches its critical conditions, pre-252 dicting the timing of the main event becomes increasingly challenging. 253

Our experiments also provide valuable insight into interevent times. For complex 254 sequences, when considering all events, their occurrence seems aperiodic, with inter-event 255 times ranging from 0.1 to 3.3 seconds (Figure 3d). However, a closer examination reveals 256 a tendency of the fault toward periodic patterns. In particular, most partial ruptures oc-257 curred periodically, whereas complete ruptures often resulted in longer interevent times. 258 This behavior is governed by the heterogeneous stress distribution along the fault, as pre-259 viously observed in experimental fault systems (Caniven et al., 2017). This phenomenon 260 has also been employed as an indirect method for mapping seismic asperities in space 261 (Wyss et al., 2000). In contrast, complete ruptures exhibit overall periodic recurrence, 262 with inter-event times of 2 to 6 seconds (Figure 3c). Their coefficient of variation, de-263 fined as $CV(\%) = \left(\frac{SD}{\bar{x}}\right) \times 100$, where SD is the standard deviation and \bar{x} the mean value, 264 was calculated. The resulting CV were 23%, 18.6%, 39.9%, 6%, and 23.5% respectively 265 for experiments n26, n18, n19, n22, n23. The cycles involving only system-size events 266 (associated with lower stress heterogeneity) tend to have slightly longer average recur-267 rence times compared to cycles with multiple ruptures (associated with higher stress het-268 erogeneity). This finding is consistent with the simulations of Cattania & Segall (2021). 269 which show that rough faults exhibit longer recurrence times than smooth ones, suggest-270 ing that fault properties and stress heterogeneity may exert similar effects on periodic-271 ity. Our observation highlights that the on-fault stress distribution dictates a first-order 272 recurrence time (Figure 3c). The latter can, however, be modulated (lengthened or short-273 ened) by the emergence of partial ruptures or slow slip events controlled by local stress 274 heterogeneities. 275

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4.2 Influence of stress heterogeneity on rupture dynamics

Most complete ruptures observed in these experiments exhibit *complex* rupture processes (Figure 1e). They generally nucleated near the leading edge and accelerated to a rupture speed of approximately 0.5 C_s . After propagating over 50 cm, they decelerated to transient velocities ranging from 650 m/s to 56 m/s, depending on the event, over 0.9 m. This slowdown occurred in a stress barrier region where the available energy was lower (Figure S5d). The transient propagation of the rupture within this low-stressed region was accompanied by a stress build-up over a period defined as t_{delay} (Figure 4). Following this delay, a new rupture was dynamically triggered, propagating at supershear velocities.

The measured rupture delay time t_{delay} (calculated as the time interval between 286 two distinct and sudden stress drops), varied significantly across the different complex 287 ruptures observed, spanning more than an order of magnitude, from 1.4 to 18 ms (Fig-288 ure 4). The duration t_{delay} appears to be controlled by the initial level of stress along 289 the barrier, before the transient rupture propagation. Effectively, for each loading con-290 dition, t_{delay} decreases linearly with $\Delta \tau_{\text{delay}}$, defined as $\tau_{\text{arrest}} - \tau_{\text{res}}$, with τ_{arrest} the shear 291 stress at the arrest location before the stress build-up caused by the transient rupture 292 propagation, and $\tau_{\rm res}$ the residual stress level achieved along the fault after the transient 293 rupture propagation. Large values of $\Delta \tau_{delay}$ induce faster transient rupture velocities 294 within the stress barrier, resulting in shorter t_{delay} . Note that $\Delta \tau_{delay}$ serves as a direct 295 proxy for the efficiency of the barrier: a large (small) $\Delta \tau_{\text{delay}}$ indicates an initial stress 296 state close to (far from) the fault frictional strength. 297

To investigate further, numerical simulations were performed using the spectral el-298 ement software SEM2DPACK (Ampuero, 2012; Ampuero et al., 2024). An exponential 299 slip-weakening friction law was used and justified by previous experimental observations 300 highlighting a continued shear stress weakening with slip (Paglialunga et al., 2024). The 301 critical slip distance, the static and residual friction, as well as the initial stress distri-302 bution were extrapolated from experimental observations (i.e., heterogeneous distribu-303 tion, Figure S9). A low shear stress zone was imposed to reflect the observed stress drop 304 barrier (Figure S8). This locally generated friction value lower than the residual strength, 305 causing the rupture to slow down or arrest. The nucleation was forced through a region 306 of overstress imposed at x=1.76 m, as in the experimental event. The numerical simu-307 lation qualitatively reproduced the experimental observations, capturing a similar com-308 plex rupture propagation process (Figure 4). Upon nucleation, the rupture propagated 309 bilaterally. The rightward-propagating front exhibited a variable subshear velocity un-310 til it reached the fault edge. The leftward-propagating front initially traveled at a sub-311 shear velocity but briefly transitioned to supershear before encountering the stress drop 312 barrier. At this point, the rupture decelerated abruptly, radiating stopping waves (Fig-313 ure 4e) that reduced slip velocity in the wake of the rupture tip. Additionally, S-waves 314 were radiated ahead of the rupture front (Figure 4f). Within the stress drop barrier, the 315 rupture did not fully arrest, instead, it propagated at a significantly reduced velocity. 316 This creeping front was governed by continued weakening under the exponential slip-weakening 317 law and was accompanied by a shear stress increase ahead of the rupture tip (Figure 4f, 318 where the light blue area contrasts with the initial dark blue area indicating the barrier). 319 Moreover, S-waves previously radiated by the rupture were reflected at the fault edges. 320 Upon re-entering the barrier, these reflected waves locally enhanced slip through a step-321 like increase. This gradual yet persistent rise in stress enabled the rupture to overcome 322 the stress drop barrier, eventually reaching a shear stress level sufficient to resume dy-323 namic propagation (Figure S10). 324

This numerical simulation qualitatively replicates the experimental conditions, pro-325 viding valuable insights into the interpretation of our observations. It underscores the 326 significant influence of a stress barrier on rupture dynamics, which can markedly alter 327 the propagation behavior without necessarily stopping the rupture. This behavior arises 328 when the governing friction law incorporates continued weakening, as demonstrated by 329 the exponential slip-weakening law used in this study. Continued slip-weakening has al-330 ready proven to be a highly effective mechanism for rupture propagation across stress 331 barrier (Paglialunga et al., 2022). This process bears similarities to the observed creep 332 fronts in laboratory experiments on analog materials containing quartz gouge faults (S. B. L. Ce-333 bry et al., 2022). However, in those experiments, delayed triggering was attributed to 334 a combination of initial overstress and the frictional properties of the gouge. These ob-335 servations collectively highlight how the transition from partial to complex events can 336



Figure 4. (a) Temporal shear stress evolution at all gauges, with time delays highlighted in yellow and red markers for τ_{arr} and τ_{res} .(b) Stress distribution before the event (green line) and rupture speed. (c) t_{delay} and $\Delta \tau_{delay}$ for all ruptures, showing a linear trend within experiments, indicating stress controls delay and velocity. The red arrow points to the event in (a). (d) Numerical simulation of complex rupture. Temporal evolution of shear stress at equidistant fault locations. (e, f) Spatiotemporal evolution of slip velocity and shear stress.

be very abrupt. One could argue that these complex ruptures correspond to two distinct 337 seismic events. The time delay between the two propagation phases is one to two orders 338 of magnitude larger than the early dynamic propagation phase. This result questions the 330 definition of the rupture event itself, where the second propagation phase could be in-340 terpreted as an early aftershock or, if of comparable size, as a doublet earthquake (Sladen 341 et al., 2010). In our simulation, the critical slip distance is much smaller than what ex-342 pected for natural earthquakes. Increasing the fault size and D_c would enhance both the 343 propagation time and time delay between subsequent rupture phases. Although the first 344 is expected to increase linearly with rupture length, assuming a given rupture velocity, 345 the second would be mainly controlled by the severity of the barrier. A deeper investi-346 gation of the relation between time delay and barrier efficiency will be subject of future 347 work. 348

349 5 Conclusions

Our results demonstrate that heterogeneous initial stress conditions along an ex-350 tended experimental fault can shift seismic cycle behavior from system-size, periodic rup-351 tures to cycles exhibiting greater complexity. Such complexity is evident in the occur-352 rence time of ruptures, their nucleation location, size, and inter-event time. These find-353 ings support the idea that a detailed investigation of the seismicity spatial and tempo-354 ral evolution along natural fault systems could help elucidate the evolution of stress dis-355 tribution. Furthermore, we highlight the pivotal role of stress heterogeneity in control-356 ling the rupture dynamics of single events. We observed a 'complex rupture' phenomenon, 357 marked by strong deceleration caused by stress heterogeneity, followed by re-nucleation. 358 This behavior sheds light on the variability of seismic events, suggesting that, depend-359 ing on heterogeneity strength, a rupture may either remain confined to a smaller scale 360 or escalate into a larger event. 361

³⁶² Open Research Section

The data used in this study will be publicly available at 10.5281/zenodo.15167862 Temporal access is granted for the review time (see link in data file).

The numerical code used to simulate dynamic rupture propagation is SEM2DPACK (Ampuero, 2012), an open-source research code available at https://github.com/jpampuero/sem2dpack.

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